24 HOUR RACES IRONMAN TRIATHLON



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Pinnacle Challenge V

The 5th annual Newport, NH Multi-Sport Adventure Race.



Presented by





Newport Rotary Club, Team Pinnacle, and the following sponsors:











• Charlestown Rotary Club • Claremont Cycle Depot • Eagle Times • **LaValley Building Supply • Petal Patch • Shaws**

Sturm Ruger

Summercrest

Goodrich Oil • Hubert?s Department Store • Z&W Machine & Tool

The Race

- Sunday October 4, 2009
- Description:

Race Links

- Official 2009 Race Flyer
- 2009 Race Results

- A multi-sport adventure race that challenges solos and teams to a "Double Duathlon" running and riding course through covered bridges, by historic farms, up grueling hills, and down sweet single track. The race has a common start/finish and transition zone which is great for spectators and athletes alike.
- o Start, Finish, & Transitions: Newport High School, Newport, NH
- o 1st Event: 5.0 mile road run
- 2nd Event: 5.5 mile mountain bike
 3rd Event: 13.75 mile road bike
 4th Event: 3.4 mile trail run
- o For a grand total of 27.65 miles

Schedule:

- o 7:00 9:00 am Registration
- o 9:10 am Racer meeting
- o 9:30 am Race start (all classes)
- o Post Race awards ceremony
- o Post Race BBQ for the racers

• Divisions:

- o **Solo -** M & F 12-19, 20-29, 30-39, 40-49, 50+
- o Team
 - All male (3 or 4 person)
 - Duo Male
 - All Female (2,3 or 4 person)
 - Co-ed (3 or 4 person)
 - Co-ed Duo
- o Note: Race director may create new divisions based on participant registrations.

• Awards:

- o \$100 each to the overall fastest solo Male & Female
- \$25 to the fastest Solo & Team Splits (i.e. you have the fastest time for each of the 4 events and you get \$100)
- o Custom awards to top 3 in each division
- Gear: Wicking T-Shirts or equivalent to first 75 Solo's who register
- Timing: ChampionChip® timing by Granite State Race Services
- Race Contact:
 - o PJ Lovely 603-863-1332 pj@team-pinnacle.org

- 2009 Race Photos by Julie
- Race Course Descriptions
- All Race Results
- Pinnacle Trail Map
- Other Racing Links









• 250 Racer Limit

• Race Day:

- o 7:00 9:00 am
- o Solo \$60.00 (M or F, 12 or older)
- o Team \$100.00 (2, 3, or 4 athlete)

• Pre Registration:

- o Accepted thru 9pm October 2, 2009
- o Solo \$50.00 (M or F, 12 or older)
- o Team \$90.00 (2, 3, or 4 athlete)
- o Fill out Entry Form and mail in or





Directions

• From North:

• Take Interstate 89 south to exit 13. Follow Rt 10 south into Newport. The High School & Recreation Complex will be on your left just before you get into the center of town.

• From South & East:

- o Take Interstate 89 north to Exit 9. Follow Rt103 west into Newport. Make right onto Rt 10 North. The High School & Recreation Complex will be on your right less than a mile from the center of town.
- o Alternately take Interstate 89 north to Exit 12. Make left onto Rt 11 and follow that west into Newport. Make right onto Rt 10 north. The High School & Recreation Complex will be on your right less than a mile from the center of town.

• From South & West:

o Take Interstate 91 in Vermont north to Exit 7. Take Rt 11 east through Charlestown & Claremont to Newport. Make left onto Rt 10 north. The High School & Recreation Complex will be on your right less than a mile from the center of town.



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