

<u>NH</u>

- 1st Event: <u>5.0 mile road run</u>
- **2nd Event:** <u>5.4 mile mountain bike</u>
- 3rd Event: <u>13.75 mile road bike</u>
- 4th Event: <u>3.65 mile trail run</u>
- For a grand total of 27.65 miles

• Schedule:

- o 7:00 9:00 am Registration
- 9:10 am Racer meeting
- o 9:30 am Race start (all classes)
- Post Race awards ceremony
- Post Race BBQ for the racers
- Divisions:
 - Solo M & F 12-19, 20-29, 30-39, 40-49, 50+
 - Team (Challenge Only)
 - All male (3 or 4 person)
 - Duo Male
 - All Female (2,3 or 4 person)
 - Co-ed (3 or 4 person)
 - Co-ed Duo
 - Note: Race director may create new divisions based on participant registrations.

• Awards - Challenge:

- \$100 each to the overall fastest solo Male & Female
- \$25 to the fastest Solo & Team Splits (i.e. you have the fastest time for each of the 4 events and you get \$100)
- Custom awards to top 3 in each division
- Awards Roadish Run
 - Winner of each division will receive Stetson's Maple Syrup
- Gear: Wicking T-Shirts or equivalent to first 50 Solo's who register.
- Timing: ChampionChip® timing by Granite State Race Services
- Race Contact:
 - PJ Lovely 603-863-1332 pj@team-pinnacle.org

Registration

- 250 Racer Limit
- Race Day:
 - o 7:00 9:00 am
 - Solo \$60.00 (M or F, 12 or older, Challenge)
 - Team \$100.00 (2, 3, or 4 athlete, Challenge)
 - Roadish Run \$20 or \$25 with BBQ

• Pre Registration:

- Accepted thru 9pm October 1, 2010
- $\circ~$ Challenge Solo \$50.00 (M or F, 12 or older)
- Challenge Team \$90.00 (2, 3, or 4 athlete)
- o Roadish Run \$20 or \$25 with BBQ
- Fill out Entry Form and mail in or













Directions

• From North:

• Take Interstate 89 south to exit 13. Follow Rt 10 south into Newport. The High School & Recreation Complex will be on your left just before you get into the center of town.

• From South & East:

- Take Interstate 89 north to Exit 9. Follow Rt103 west into Newport. Make right onto Rt 10 North. The High School & Recreation Complex will be on your right less than a mile from the center of town.
- Alternately take Interstate 89 north to Exit 12. Make left onto Rt 11 and follow that west into Newport. Make right onto Rt 10 north. The High School & Recreation Complex will be on your right less than a mile from the center of town.

• From South & West:

• Take Interstate 91 in Vermont north to Exit 7. Take Rt 11 east through Charlestown & Claremont to Newport. Make left onto Rt 10 north. The High School & Recreation Complex will be on your right less than a mile from the center of town.



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