



THE PINNACLE CHALLENGE

Sunday October 4, 2009

The Race: A multi-sport event that challenges solos and teams to a “Double Duathlon” running and riding through covered bridges, by historic farms, up grueling hills, and down sweet single track. The race has a common start/ finish and transition zone which is great for spectators and athletes alike.

Events:

- 1st event: 5.0 mile road run
- 2nd event: 5.5 mile mountain bike
- 3rd event: 13.75 mile road bike
- 4th event: 3.4 mile trail run

Awards:

- T-Shirts to first 75 solos to register
- Cash prizes to the fastest solo
Male & Female
- And more

Registration: 7:00am to 9:00am

Solo: \$60.00 (M & F, 12 or older)

Team \$100.00 (2, 3, or 4 athlete)

Race start: 9:30 am

Prizes and BBQ to follow the race.

Divisions:

- M&F 12-19, 20-29, 30-39, 40-49, 50+
- Teams
 - All male (3 or 4 person)
 - Duo Male
 - All Female (2, 3, 4 person)
 - Co-ed (3 or 4 person)
 - Co-ed Duo

If you have any questions feel free to contact
PJ Lovely at (603) 863-1332 or
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For directions and more information
visit our website @
www.team-pinnacle.org/pinnacle_challenge