



THE PINNACLE CHALLENGE & 8K Roadish Run

SUNDAY OCTOBER 3, 2010

The Race: A multi-sport event that challenges solos and teams to a “Double Duathlon” running and riding through covered bridges, by historic farms, up grueling hills, and down sweet single track. The race has a common start/ finish and transition zone which is great for spectators and athletes alike. There is also an 8k road run if you forgot your bike.

- 1st event: 5.0 mile road run
- 2nd event: 5.5 mile mountain bike
- 3rd event: 13.75 mile road bike
- 4th event: 3.4 mile trail run

Awards:

- T-Shirts to first 50 solos to register
- Cash prizes to the fastest solo Male & Female in TPC
- Top 3 in each division
- Cash prizes for fastest splits
- Winner of division in 8k gets Stetsons Maple Syrup

Registration: 7:00am to 9:00am

- Solo: \$60.00 (M & F, 12 or older)
- Team \$100.00 (2, 3, or 4 athlete)
- 8k \$20.00 with BBQ \$25.00

Race start: 9:30 am

Divisions:

- M&F 12-19, 20-29, 30-39, 40-49, 50+
- Teams
 - All male (3 or 4 person)
 - Duo Male
 - All Female (2, 3, 4 person)
 - Co-ed (3 or 4 person)
 - Co-ed Duo

If you have any questions feel free to contact
PJ Lovely at (603) 863-1332 or
e-mail at pj@teampinnacle.org

For directions and more information
visit our website @

www.team-pinnacle.org/pinnacle_challenge

BBQ starts @ 11am