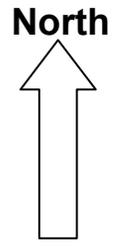
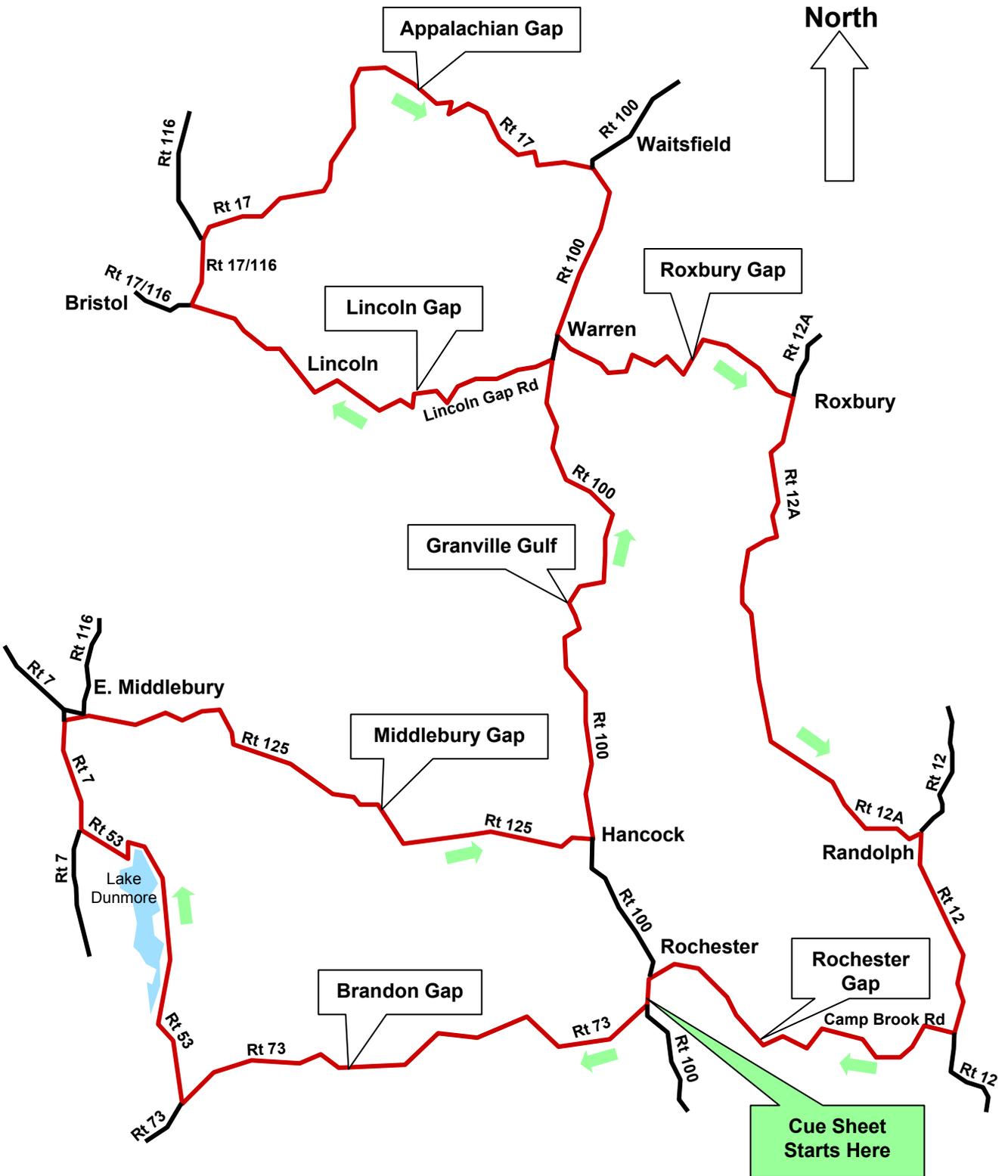
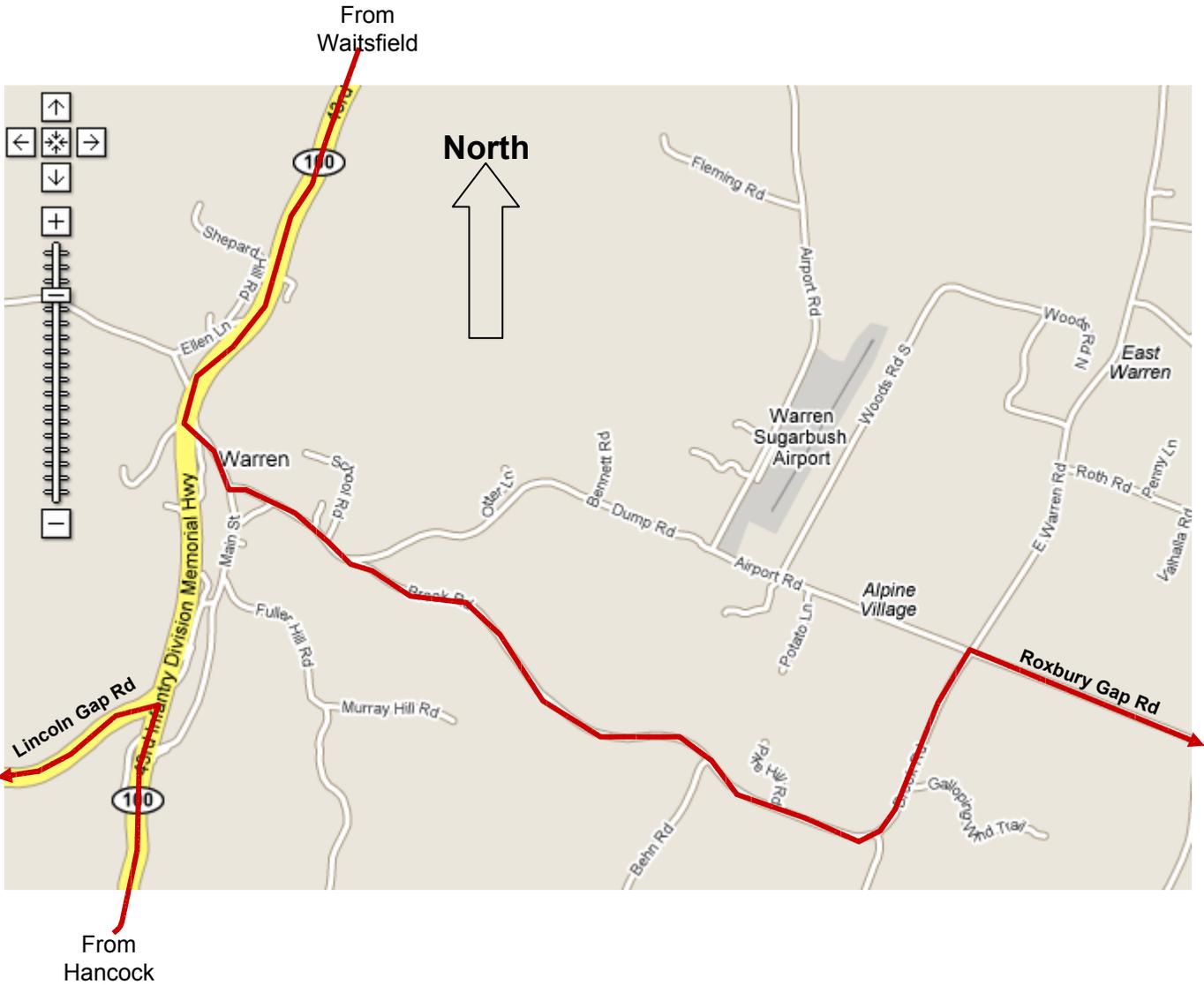


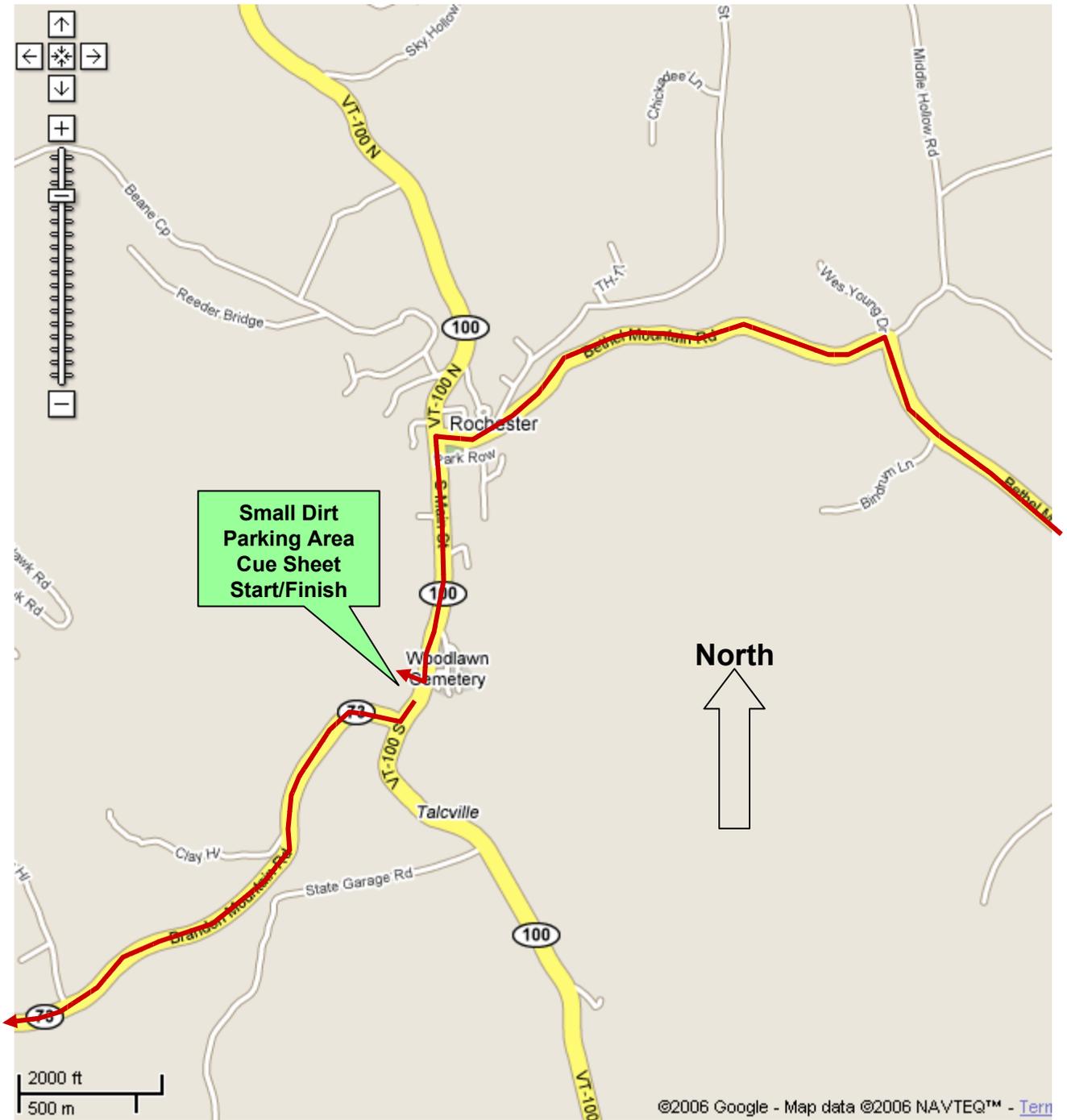
6-Gaps Route Map



Warren Detail Map



Rochester Detail Map



6-Gaps Cue Sheet

Brandon/Middlebury/Lincoln/App/Roxbury/Rochester Route

Total	Direction	Cue	And Go
0.0	R	Rt 73 towards Brandon	3.9
3.9	S	Stay on paved Rt 73, steep climbing begins	5.3
9.2	S	Brandon Gap Summit. Watch speed on descent turns.	4.9
14.1	R	Rt 53 toward Lake Dunmore/Middlebury	5.7
19.8	S	Branbury State Park on Lake Dunmore	3.6
23.4	R	Rt 7 toward East Middlebury. Lowest point of ride.	2.9
26.3	R	Rt 116 (Ossie Rd) toward Hancock	0.6
26.9	BR	Rt 125 toward Hancock. Food.	0.8
27.7	S	Climbing becomes steep	3.0
30.7	S	Village of Ripton, moderate climbing	3.8
34.5	S	Climbing becomes steep again	1.7
36.2	S	Summit of Middlebury Gap	6.1
42.3	L	Rt 100 north toward Warren/Waitsfield. Food.	6.9
49.2	S	Moss Glen Falls on left.	1.9
51.1	S	Summit of Granville Gulf	5.5
56.6	L	Lincoln Gap Rd.	1.2
57.8	S	Pavement becomes gravel (approx)	1.7
59.5	S	Pavement resumes, 20-25% grade	1.4
60.9	S	Lincoln Gap summit. Half-way distance, high point of ride.	0.2
61.1	S	Pavement becomes gravel (approx), check for hot rims on rough descent.	2.3
63.4	S	Pavement resumes (approx)	1.0
64.4	S	Lincoln Gap Rd becomes E. River Rd (aka Main)	1.1
65.5	S	Village of Licoln. Food.	0.0
65.5	S	E. River Rd becomes W. River Rd (aka Main)	2.3
67.8	S	W. River Rd becomes Lincoln Rd	1.1
68.9	R	Rt 116/Rt 17 north.	1.7
70.6	R	Rt 17 toward Waitsfield. Begin baby App Gap.	5.1
75.7	S	Summit of baby App Gap.	1.8
77.5	BR	Stay on Rt 17 to Waitsfield. Begin steep App Gap climb.	2.7
80.2	S	Appalachian Gap summit. Enjoy the view.	0.6
80.8	S	CAUTION: Sharp Turns!	0.7
81.5	S	CAUTION: Sharp Turns!	4.9
86.4	R	Rt 100 south toward Warren. Food.	4.8
91.2	L	Main St in Warren.	0.2
91.4	BL	Brook Rd	2.5
93.9	R	Roxbury Mountain Rd. Steep climbing begins shortly.	0.7
94.6	BL	Stay on Roxbury Mtn Rd. Portions gravel.	1.5
96.1	S	Roxbury Gap Summit.	0.4
96.5	S	CAUTION: Steep gravel descent, sharp turns, washboard bumps!	3.2
99.7	R	Rt 12A south toward Randolph. Food.	14.8
114.5	R	Rt 12 south. Food.	5.5
120.0	R	Camp Brook Rd toward Rochester	5.6
125.6	S	Rochester Gap Summit	0.8
126.4	S	Second peak at Rochester Gap, more views.	1.4
127.8	S	Small valley with climb on descent to Rochester	1.0
128.8	L	Bethyl Mountain Rd (do not go right on Middle Hollow Rd). Resume descent.	1.4
130.2	L	Rt 100 south. Food.	0.6
130.8	END	Parking lot at junction with Rt 73.	

Note: This cue sheet has not been verified. Use at own risk. Actual distance may vary. There may be times when gravel portions of this route are not suitable for road bikes. Areas with food and water available are indicated, others may be available. R=right hand turn, L=left hand turn, BR=bear right, BL=bear left, S=go straight/stay on same road. Last revised 1-OCT-06.